



hosted by the
Kinesiology Association
of Queensland

CONFERENCE PROGRAM

27th
National Conference
2010



SHARING THE GIFT OF KINESIOLOGY

22nd, 23rd, 24th October ~ Brisbane Novotel

Friday Night 22nd October

4.30pm Registration (with Arrival Tea/Coffee)

5.30 **Annual General Meeting of The Australian Kinesiology Association Inc.**

7.00 **Welcome from hosting branch, Kinesiology Association of Queensland**

7.15 **Keynote Presentation**

'Body System Breakdown ~ A Profile of 21st Century Health Hazards from the Uterus to the Grave'
by Professor Mel Sydney-Smith MBBS. PhD. MHMS (prov). Grad Dip Clin Nutrit. FACNEM.

This presentation will provide an overview of how a range of genetic and epigenetic factors interact with the nutritional environment to promote a gradual and often insidious decline in organ and tissue function, resulting in the multiple chronic disorders that are the hallmark of the 21st Century.

8.30pm Refreshments & Supper *Thanks to OAMPS for once again sponsoring the refreshments for the conference.*

Saturday 23rd October

8.15am Registration

9.00 Announcements

9.15 **'Communication Is The Key In Kinesiology'**

Using Kinesiology to consciously take part in communication with our own body, our subconscious and our energy systems.
Anna McRobert

10.05 **Skills Auction**

10.30 **Morning Tea**

11.00 **'Grounding the Human Body'**

The effects of "grounding" on our health and vitality.
Dr. Sandeep Gupta MD

11.50 **'The Alexander Technique'**

Why it's all in the way you move - rediscovering a natural process.
Karyn Chapman

12.40 pm Lunch

1.45pm **'Stress and its Effect on Health and Disease'**

Underlying neurology of stress, its impact on the body and using Kinesiology to read levels of stress.
Hugo Tobar

2.35 **Skills Auction**

3.00 **Afternoon Tea**

3.40 **'Oriental Diagnosis of the Face'**

Accessing key information to help build a clearer picture on areas of imbalance.
Elizabeth Hughes

4.25 **Keynote Presentation 'Mindset Energy - the attitude to propel your life, business and practice forward'**

Attitude is the essence for ultimate success. How to use your mindset energy to work positively to focus on solutions and make the most of any situation."
Diane Carter

5.30pm Saturday Close
7pm Dinner Dance

Sunday 24th October

8.45am Registration

9.00 **'Accessing the Brain at the Critical Learning Period'**

Working with Kinesiology and aberrant behaviour and stress patterns.
Bernard Carson

9.55 **Skills Auction**

10.20 **Morning Tea**

10.55 **'The Dura'** A missing piece of the jigsaw puzzle.

Peter Erikson DC

11.45 **'Body Nutrition Overview'**

Looking at different ways in which the body can be nourished for optimum balance.
John Holodnak ND

12.35 pm Lunch

2.00pm **'Strong Women Stay Young'**

Ligaments and tendons lose elasticity as we age, however muscles can grow better with age. How we can assist clients and ourselves - what we need to do and why.

Kay Bayly

2.50 **'The Need for Calm ... the Proliferation of the Unruly'**

Why this state of being is so important for the future of our children and our world. Ramifications and corrections for children and adults.

Brendan O'Hara

3.55 **Raffle Draw**

2011 WA Conference Details

2012 Conference Date from South Australia

Conference Close

4.10 **Afternoon Tea**

Networking Time

Farewells

Please note Program may change due to circumstances beyond our control.
Contact coordinator for up to date conference details.